Using maps and data to tell a story
Life Expectancy in the US

78 yrs

UW Institute for Health Metrics and Evaluation
Southern Appalachia

- Poverty
- Housing Conditions
- Access to Medical Care
- Health Insurance
- Healthy Foods
- Opioid Overdoses
Estimated population with diabetes. High Point, NC.
Geography: Census Tracts
Source: 2013 Center for Disease Control
Indicators of Health

Heroin Overdoses Per Month: 12.8
Adults Smoke Tobacco: 22%
Average Life Expectancy: 78 yrs

Low Income & Low Food Access: 23%
Unemployed & Uninsured: 21%
No High School Diploma/GED: 15%
Less than a Serving of Fruit/Vegetables: 4%

$33% of Children in Poverty

11.2 Infant Deaths per Year
9.2 per 1000 Low Weight Births
5% Pediatric Asthma Hospital Visits

Indicators of Health

Adults
- 12.8 Heroin Overdose Per Month on Average; Guilford County had the fourth-highest number of deaths among North Carolina counties.
- One in five adults currently smokes tobacco products (21%).
- 78.1 years is the average life expectancy, ranging from 70 yrs to 87 yrs by neighborhood.
- One in five unemployed adults uninsured (21%)
- One in five individuals lives in a census tract that is low income and has low access to food (22.6%); Introduction of a single new food access point in one census tract could equate to a 15% reduction in the number of individuals experiencing food insecurity.
- One in six adults over 25 has no high school diploma or equivalency (15.1%)
- One in ten adults eats less than a serving of fruits or vegetables daily (11.1%)

Three out of every four adults visited a doctor for routine checkup within the past year (73.9%); Preventive healthcare can reduce morbidity and mortality from chronic diseases.
- One in six of all adult visits to High Point Regional were for cardiovascular disease (15.9%)
- One in six of all visits by adults to High Point Regional were for diabetes (16.1%); According to the CDC, 11.2% of adults have diabetes as compared to 9.9% of adults in North Carolina.
- 216 Cancer Deaths Annually; Cancer is the second highest cause of deaths in the United States.

Children
- One in three children below the poverty threshold (32.9%); 25% for Guilford County.
- 11.2 Infant Deaths in High Point Annually compare to 7.9 for Guilford County.
- 9.2 out of every 1000 live births are under 2,500 grams.
- One in twenty hospital visits by youth under 18 years old were for Asthma (5.1%).
http://tinyurl.com/healthhighpoint
15 Key Indicators of Health:

11.2 - Infant deaths per year on average for 2011-2015
33% - One in three children live below the poverty threshold
21% - One in five unemployed adults is also uninsured
23% - One in five individuals lives in a tract that is low income and has low access to food
22% - One in five adults (≥ 18 years) currently smokes tobacco products
12.8 - Heroin Overdose per Month on Average (past 12 months)
11% - One in ten adults eats less than a serving of fruits or vegetables daily
9.2 - Births out of every 1000 live births are low weight (under 2,500 grams)
16% - One in six visits by adults to High Point Regional was for Diabetes
16% - One in six visits to High Point Regional was for Cardiovascular disease
11% - Cancer deaths on average annually (2011-2015)
15% - One in six adults over 25 has no high school diploma or equivalency
74% - Three out of four adults visited a doctor for a routine checkup within the past year
78.1 - Average life expectancy in years, ranging from 70 to 87 years by census tract
5% - One in twenty hospital visits by youth under 18 years old were for Asthma

Developed for the Foundation for Healthy High Point by the UNC Center for Housing and Community Studies
Cedar Street Community Garden

Address 313 Cedar Street, High Point, NC 27260

Type  Food Assets

Website

Phone  (336) 471-9185

Email  slsanders35@gmail.com

Other  The food grown in our garden will be shared with our community. This is a city-owned lot designated for urban agriculture purposes made possible by the City of High Point and the Hayden-Harman Foundation. The garden is open from sun up to sun down.
18.9% of adults in the Walnut Street/Burns Hill/Farmington Forest neighborhoods eat fewer than 1 servings of fresh fruits and vegetables on a daily basis. The USDA recommends that an adult receive 2 cups of fruit and 2.5 cups of vegetables in their daily diets (4.5 or more servings).
Only 62.5% of adults in the Walnut Street/Burns Hill/Farmington Forest neighborhoods have a primary care physician.

Primary care plays a vital role in public health. Primary care helps prevent illness and death; evidence also shows that primary care is associated with a more equitable distribution of health in populations.

A few more useful resources:

Social Explorer
https://www.socialexplorer.com/

Policy Map
https://www.policymap.com/