

**COMMUNITY
HOUSING
SOLUTIONS**



REBUILDING HOMES.RESTORING HOPE.®



Who We Are ...

Nonprofit General Contractor with experienced residential construction staff:

- Licensed General Contractor
- Lead Repair, Renovate & Paint Certified
- Certified Aging In Place Specialists
- BPI Energy Efficiency Trained – 2 Staff
- More than 80 years of field experience in building

Home Repair Program:

- Live in Guilford County
- Own and occupy their home
- Income below 80% AMI

Home Buyer Program:

- Own and occupy the home
- Income below 80% AMI
- Attend home ownership training class thru Housing Consultants Group
- New and Rehab Homes

Home Repairs . . . Making homes



WARMER

DRIER

and SAFER

The “Aging Gracefully In Place” program includes:

- 6 Occupational Therapist sessions;
- 4 Registered Nurse sessions; and
- Home repairs and accessibility modifications completed by CHS to achieve client goals; plus
- Durable medical and assistive equipment provided by CHS as needed to meet goals.



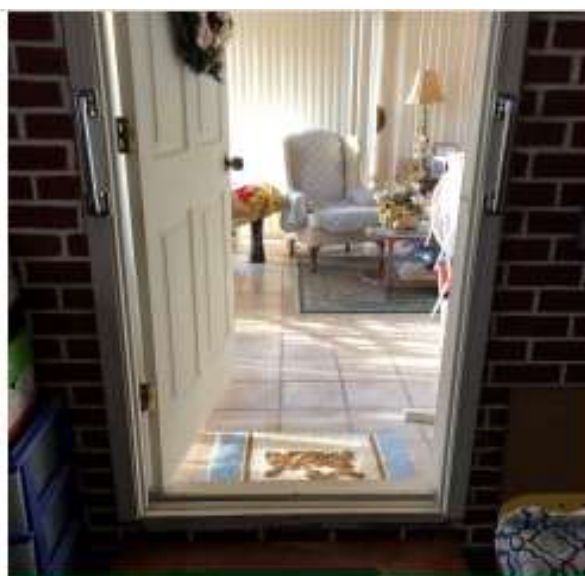
“It’s about prevention. We get in before they fall, keep them out of hospitals and the doctor’s office. It means their activity levels improve, which improves their general health.” -- *Beth Murray, OT, Cone Health*

Typical Aging Gracefully Home Repairs/Modifications



- Install grab bars and ADA-height toilets
- Install hand-held shower heads
- Build or repair exterior steps or hand railings at home entrance
- Repair or replace broken flooring
- Remove carpet over hardwood floors
- Add double banister on interior stairs
- Build access ramp
- Improve lighting

At a recent visit, the homeowner shared, "I am moving around much easier and sleeping much better." She credited the exercises suggested by the RN, sleep routine guidance from the OT, and home modifications by CHS for these improvements.



door grab bars for safe entry/exit



plywood to firm cushions to make easier to get up



grab bars next to toilet



new higher UD toilet



shower grab bars and handheld shower head



Activities of Daily Living Improved

Activities of Daily Living (ADLs) are routine activities people do every day without assistance. There are six basic ADLs: eating, bathing, getting dressed, toileting, mobility, and continence.

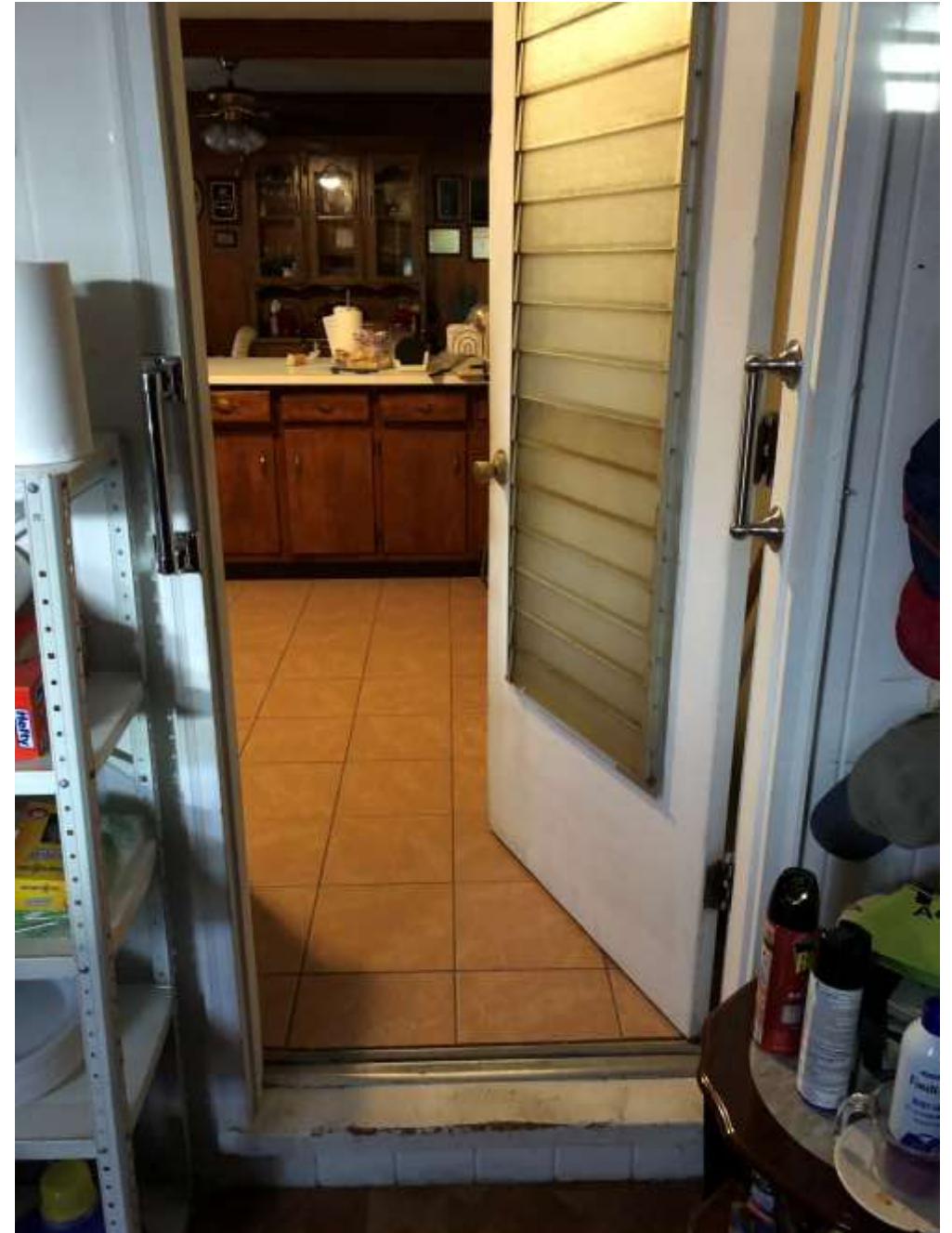
- 100% believe ADL's were improved due to repairs/modifications

“The bars in the bathroom have made it much easier for me to shower.”



ADL's Improved

"I have bad knees. Stepping up was very hard without the rails they put in."



Falls Prevented

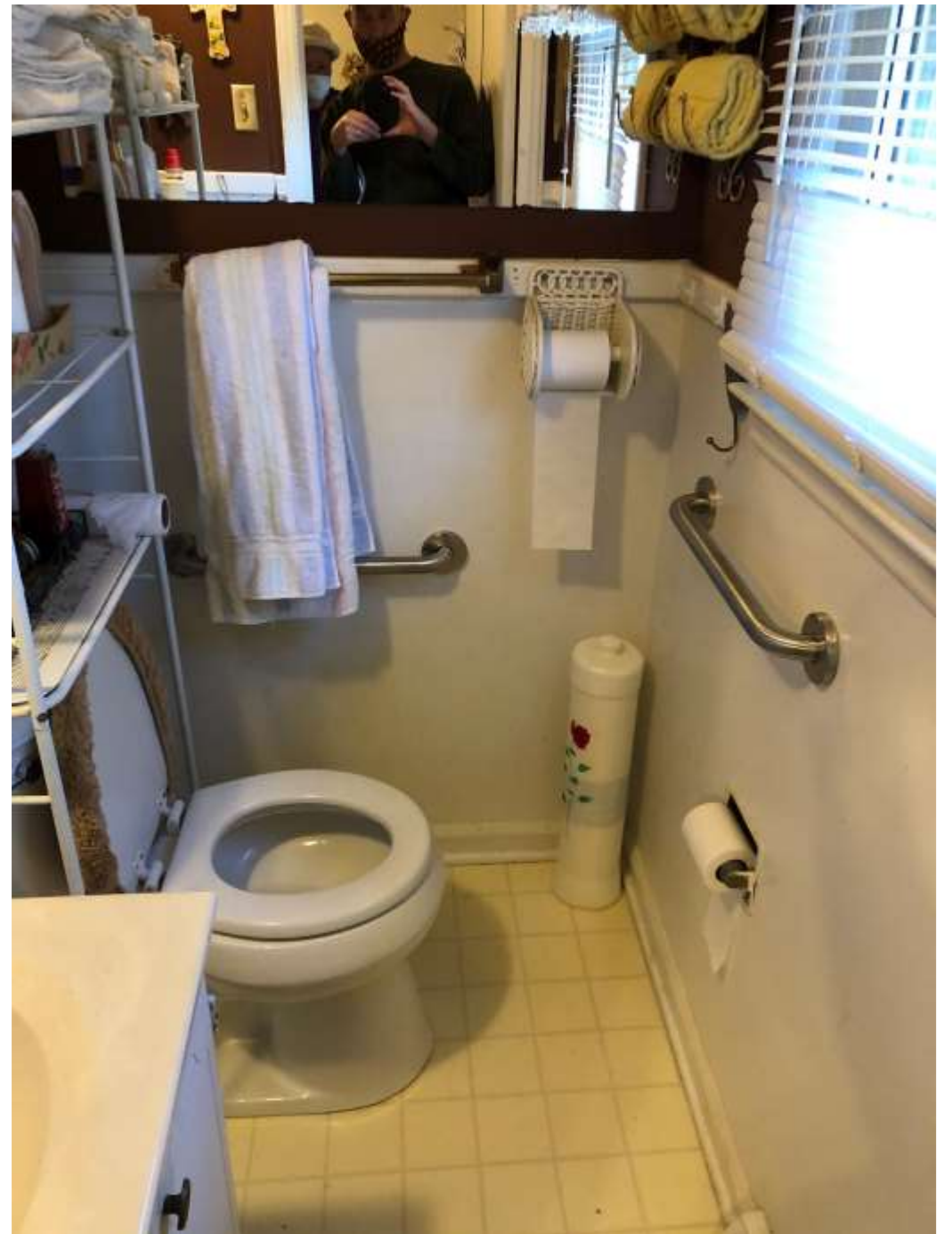
- 92% believe a fall has been prevented due to CHS's repairs/modifications

"I had one fall going down my steps, and I fell in the house a couple of times. I can now get out of my home safely."



Falls Prevented

“Every time I’m using the rails in the bathroom or the rails to leave the house so I don’t fall.”



Other Impacts

- 96% responded they were very satisfied or extremely satisfied with CHS staff and repairs
- 17% improvement in quality of life
- 43% improvement in depression

“The Aging Gracefully Program is wonderful, and I would recommend it to any person facing challenges and needing help.”

- Lucille, AG Client





- ✓ No cost home visits from an Occupational Therapist and a Registered Nurse.
- ✓ Professional home accessibility and safety modifications.
- ✓ Affordable income based payments.

Why Choose Us

96% of homeowners are satisfied with the repairs, staff and volunteers.

84% of homeowners are more confident in their Activities of Daily Living since the repair

74% believe repairs prevented a fall

GET IN TOUCH

Community Housing Solutions
(336) 676-6986
chshousing.org

AGING GRACEFULLY



IMPROVE SAFETY & MOBILITY
 AT HOME

A PROGRAM FOR GUILFORD
 COUNTY RESIDENTS



AGING GRACEFULLY IN PLACE

Cone Health and Community Housing Solutions are grateful to partner together to offer this valuable program to our community. Aging Gracefully allows homeowners to move through their homes safely and stay in their homes longer.

- Receive visits from Nurses and Occupational Therapists
- Receive necessary home modifications
- Modifications may include: access ramps, grab bars, levered door handles, and bathrooms
- Meets standards for Americans with Disabilities Act



PROGRAM SUCCESS



55% decline in
fear of falling



69% reduction in number
of difficulties with ADLs
(Activities of daily living for
a person to thrive)



43% improvement in
depression

PROGRAM QUALIFICATIONS



Age

You must be at least age 65 years old.



Residency

You must live in Guilford County. In order for us to complete the repairs on your home, you must be the homeowner.



Financial

There could be a minimal payment due based on your income level.



PROGRAM PARTICIPATION



Over a 4-month period, work with an Occupational Therapist and a Registered Nurse during home visits to improve daily activities and live safely in your home.



Allow Community Housing Solutions to do home accessibility and safety modifications.



Participate in 3 follow-up surveys to measure improvement and the impact of this program.